



Program Standards

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| Program Name: | Emergency Medical Response for Adults in the Workplace |
| Intended Audience: Workplace | Laypersons in business and industry who require or desire basic emergency care (bloodborne pathogens, emergency oxygen administration, first aid, and CPR/AED) knowledge and skills with a focus on adults. |
| Prerequisites: | None |
| ASHI-approved Training Materials: | <i>Emergency Medical Response for Adults in the Workplace</i> Student Handbook (one per participant), Instructor Guide (one per Instructor) and ASHI-approved audio-visual presentation media (PowerPoint® and/or DVD/VHS and/or Computer Resident or Online). |
| Recommended Initial Instruction Time: | About 7½ hrs. |
| Recommended Renewal Instruction Time: | About half of Initial Instructional Time |
| Maximum Student-to-Instructor Ratio: | 10:1 |
| Student-to-Equipment Ratio | 3:1 |
| Successful Completion: (certification) | <p>Written Exam: Recommended for designated responders (70% or better)</p> <p>Performance Evaluation: Required for all (perform competently without assistance).</p> <ol style="list-style-type: none"> 1. Demonstrate proper removal of contaminated gloves. 2. Perform the emergency action steps for an unresponsive and responsive victim who is breathing normally (with or without emergency oxygen). 3. Place an unresponsive breathing victim in a recovery position. 4. Perform effective rescue breaths with a face shield or pocket mask (with or without emergency oxygen). 5. Perform effective chest compressions. 6. Perform effective adult CPR with one provider. 7. Safely and correctly attach and operate an AED. 8. Coordinate CPR and AED to minimize interruptions in chest compressions. 9. Perform the steps to manage choking in a responsive victim. 10. Control severe bleeding and manage shock. 11. Manually stabilize an injured limb. 12. Manually stabilize a suspected spinal injury. |
| Card Issued | Emergency Medical Response for Adults in the Workplace certification card |
| Certification Period: | Up to 2 years. Recommended annually. |
| Note(s): | <ul style="list-style-type: none"> • This program is not designed to meet regulatory requirements for child care workers, lifeguards, healthcare, or EMS professionals and should not be used for this purpose. • This program is not designed to meet all the required knowledge and training aspects of the OSHA bloodborne pathogen standard and is not intended to imply complete training or certification in the use of emergency oxygen. • Occupational regulatory or licensing agencies may require written tests, additional content, additional hours of instruction, or other practices. |