

## 2006 ASHI Basic Instructor Update Process

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“It is not necessary to change. Survival is not mandatory.” ~W. Edwards Deming

Thank you for choosing ASHI! Like all other major first aid and emergency care training organizations in the world, revisions to ASHI’s training materials are made necessary due to new evidence-based treatment recommendations and guidelines.<sup>1,2,3</sup> This CD is a guide for ASHI Training Center Directors to update themselves and their affiliated Basic Instructors to the new recommendations as well as to the all new ASHI training materials.

Completely new basic ASHI programs will soon be available. The goal of these new programs is to provide students a cost effective, yet valuable and enjoyable hands-on training experience. The fundamental objective is to teach a simple, practical approach that helps students develop basic skills and the confidence to respond. The changes are many. Appreciating, accepting, and putting these changes into practice - at least initially - will be challenging. Even so, in a business like ours, where survival can actually mean life or death, change is necessary; for ourselves, our students, and the people they/we care for.

*Please note:* Only Instructors currently affiliated with an ASHI-approved Training Center and actively teaching are qualified for this update process. “Actively teaching” means teaching at least one course per year. The Training Center Director bears the responsibility of ensuring that each of their affiliated instructors has completed the requirements for updating and verification of the update is promptly submitted to ASHI. This is a basic instructor update for first aid and basic life support. Advanced Instructor Updates will follow release of revised advanced training materials in the fall of 2006.

### Update Process Core Objectives

*Before* December 31, 2006 and *before* teaching or certifying students using ASHI’s 2006 revised curriculum, each authorized Instructor must;

<b>METHOD: Instructor Trainer or Regional Instructor Trainer led lecture/group discussion and/or self instruction and/or a combination of both</b>	<b>Basic Instructor</b>
1. Recognize and be able to describe major changes in treatment recommendations established by new science and guidelines for the program to be taught.	✓
2. Describe the evidence-based values and viewpoints behind ASHI’s revised training materials.	✓
3. Explain the core knowledge and skill objectives for each program to be taught.	✓
4. Recognize the evidence-based changes within ASHI’s revised training materials.	✓
5. Validate completion of these core objectives	✓

<b>Recommended Time to Complete</b>	<b>CPR AED</b>	<b>CPR Pro</b>	<b>First Aid</b>	<b>All</b>
Classroom instruction time may be reduced via self instruction				
Live Classroom Presentation	3-4 hrs	3-4 hrs	3-4 hrs	9-12 hrs
Self Instruction	Varies			

### **Update Process**

The core objectives above may be completed by self-instruction, live classroom presentation by a currently authorized Instructor Trainer or Regional Instructor Trainer, or a combination of the two.

### **To Complete the Update Process via Self-Instruction:**

1. *Core Objective 1:* Open and read the PowerPoint presentation(s) or the “2006 Top Ten Training Program Revisions” PDF file included on this CD for the basic program you wish to be updated to teach.
  - a) The ASHI Winter/Spring Training Links Newsletter also contains this information and may be used for the same purpose.
2. *Core Objective 2 and 3:* Open and read the Instructor Guide Preface/Introduction for the basic program you wish to be updated to teach.
  - a) For *CPR and AED for the Community and Workplace* and/or *CPR Pro for the Professional Rescuer*, open and read the Preface/Introduction to the Basic Life Support Instructor Guide.
  - b) For *Basic First Aid for the Community and Workplace*, open and read the Preface/Introduction to the Basic First Aid Instructor Guide.
3. *Core Objective 4:* Purchase the revised training program materials for the basic program you wish to teach. At a minimum review;
  - a) The Instructor Guide contents (less the preface if already reviewed), the written exams and performance evaluations.
  - b) The Student Handbook.
  - c) The PowerPoint® presentation and/or video and/or DVD.
  - d) Practice while watching the core skill objectives on video/DVD is strongly recommended.
4. *Core Objective 5:* Sign and return the attesting statement and roster to validate completion of these core objectives (fax, mail or email).
  - a) ASHI will supply certification cards based on the new guidelines *only* to authorized Training Center Directors, affiliated Instructors or Instructor Trainers who have provided ASHI with a signed attesting statement.

### **Live Classroom Presentation**

Training Center Directors, Instructor Trainers or Regional Instructor Trainers who are familiar and comfortable with the major changes in science and guidelines may offer live updates via classroom presentations. Fees charged for live updates are at the discretion of the Training Center Director. Note: Regional Instructor Trainers may also be available to conduct updates for larger Training Centers.

**To Complete the Update Process via Instructor Trainer or Regional Instructor Trainer led lecture/group discussion:**

1. *Core Objective 1:* The IT or RIT opens the PowerPoint for the basic program that the instructor group needs to be updated on. The PowerPoint files on this CD are labeled by program and cover the major changes in treatment recommendations.
  - a) Alternatively, the IT or RIT may print the PowerPoint files or the “2006 Top Ten Training Program Revisions” PDF file from this CD and use it as a handout for lecture/discussion.
  - b) The ASHI Winter/Spring Training Links Newsletter also contains this information and may be used for the same purpose.
  - c) Distributing this information for self-study by Instructors prior to the live classroom session is strongly recommended and will help to reduce the classroom time required to update.
2. *Core Objective 2 and 3:* Open and project (or print and handout) the Instructor Guide Preface/Introduction for the basic program to be taught. Instructors should be given time to read this information. The IT or RIT may then lead a discussion on the material.
  - a) For *CPR and AED for the Community and Workplace* and/or *CPR Pro for the Professional Rescuer*, use the preface to the Basic Life Support Instructor Guide.
  - b) For *Basic First Aid for the Community and Workplace*, use the Preface/Introduction to the Basic First Aid Instructor Guide.
  - c) Distributing this information for self-study by Instructors prior to the live classroom session is strongly recommended and will help to reduce the classroom time required to update.
3. *Core Objective 4:* Familiarize the Instructors with the revised training program materials for the basic program they will be teaching. At a minimum, instructors must have their own copy of the new Instructor Guide and appropriate Student Handbook. At a minimum review;
  - a) The Instructor Guide contents (less the preface/introduction if already reviewed), the written exams and performance evaluations.
  - b) The Student Handbook.
  - c) The PowerPoint® presentation and/or video and/or DVD.
  - d) Conducting skill sessions for Instructors to practice the core skill objectives is strongly recommended.
4. *Core Objective 5:* Sign and return the attesting statement and roster to validate completion of these core objectives (fax, mail or email).
  - a) ASHI will supply new certification cards *only* to authorized Training Center Directors, Coordinators and affiliated Instructors or Instructor Trainers who have signed the attesting statement.

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<sup>1</sup> 2005 International Consensus Conference on Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science with Treatment Recommendations hosted by the American Heart Association in Dallas, Texas, January 23–30, 2005. *Circulation* 2005; 112: III-5-III-16 and *Resuscitation* Volume 67, Supplement 1, Pages S1-S190 December 2005 © International Liaison Committee on Resuscitation, American Heart Association®, Inc. and European Resuscitation Council.

<sup>2</sup> 2005 American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care. *Circulation*. 2005; 112:IV-1–IV-211© 2005 American Heart Association®, Inc.

<sup>3</sup> Other updated evidence-based treatment recommendations or sources are referenced by endnote through out the revised ASHI materials.

